



## Ocean State Senior Olympics

The **OCEAN STATE SENIOR OLYMPICS** celebrates its 30<sup>th</sup> Anniversary in 2008, with the games centerpiece events occurring June 2-8. The Senior Olympics offers men and women over the age of fifty a program of fun, fellowship, and friendly competition at some of the outstanding athletic facilities in the state. The games are targeted at encouraging older adults to develop and maintain good physical fitness through regular participation in physical training and sports and recreational activities.

This year's sporting competitions include 16 events: **Archery, Basketball, Bowling (Ten Pin), Cycling, Golf, Horseshoes, Race Walk, 5 & 10K Road Races, Sailing, Softball, Swimming, Table Tennis, Tennis, Track & Field, Triathlon** and **Volleyball**. Gold, Silver and Bronze Medals will be awarded to the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place finisher in each sport, event and age group. Competitions are within peer age groupings in five year increments, (for example, 50-54, 55-59, 60-64 etc).

The **OCEAN STATE SENIOR OLYMPICS** is a member of the **National Senior Games Association** and is the only sanctioned qualifying site in Rhode Island for THE NATIONAL SENIOR GAMES. The national event is held biennially. The 2009 event is scheduled for August 1-15, 2009 in the San Francisco Bay Area with the majority of the Events on the campus of Stanford University in Palo Alto, California. More than 12,000 senior athletes from every state in the nation are expected to participate. In addition to the 18 championship sports being sanctioned by the National Senior Games, seven demonstration events will be offered: **Equestrian, Fencing, Lawn Bowling, Rowing, Sailing, Soccer and Water Polo**. Demonstration sports do not require qualification at the state level. Interested participants will be able to register for these competitions in early 2009.

The founding sponsor of **The Ocean State Senior Olympics** was the Department of Elderly Affairs. Strategic partners include: Rhode Island College, Providence College, Bryant University, Prime Time Magazine, Senior Digest and The Capitol Region Retired and Senior Volunteer Program. Corporate sponsors include: AARP, AstraZeneca Pharmaceuticals LP, Humana, Roger Williams Medical Center, the Rhode Island Lottery, and UnitedHealthcare. **Information and Registration materials are available on the Ocean State Senior Olympics web site: [riseniorolympics.org](http://riseniorolympics.org)**. For more information, call the Ocean State Senior Olympics games hotline at (401) 431-5007 or email the Games Coordinator, Mike Lyons at [mlyons@weei.com](mailto:mlyons@weei.com).